



# Young People and Mental Health in a Changing World

A Cross Border Conference

**15<sup>th</sup> Annual Mental Health Conference**  
**Saturday 27 October 2018**

Ulster University, Institute of Nursing and Health Research, School of Nursing, Magee campus, Northland Road, Derry-Londonderry, BT487JL

A project supported by the European Union's INTERREG VA Programme, managed by the Special EU Programmes Body



08.30 Registration and Coffee

09.05 **Opening Address:**  
Mark H Durkan, MLA  
Foyle, Spokesperson for  
Health SDLP.

09.25 **Keynote 1**

**Dr Bobby Smyth,**  
**Consultant Child &**  
**Adolescent Psychiatrist**  
**At Adolescent**  
**Addictions Service HSE.**  
**Clinical Senior Lecturer**  
**in Addictions (Public**  
**Health & Primary Care)**  
**Trinity College Dublin.**  
**‘Adolescent Substance**  
**Use & Mental Health’.**

10.05

## **Keynote 2**

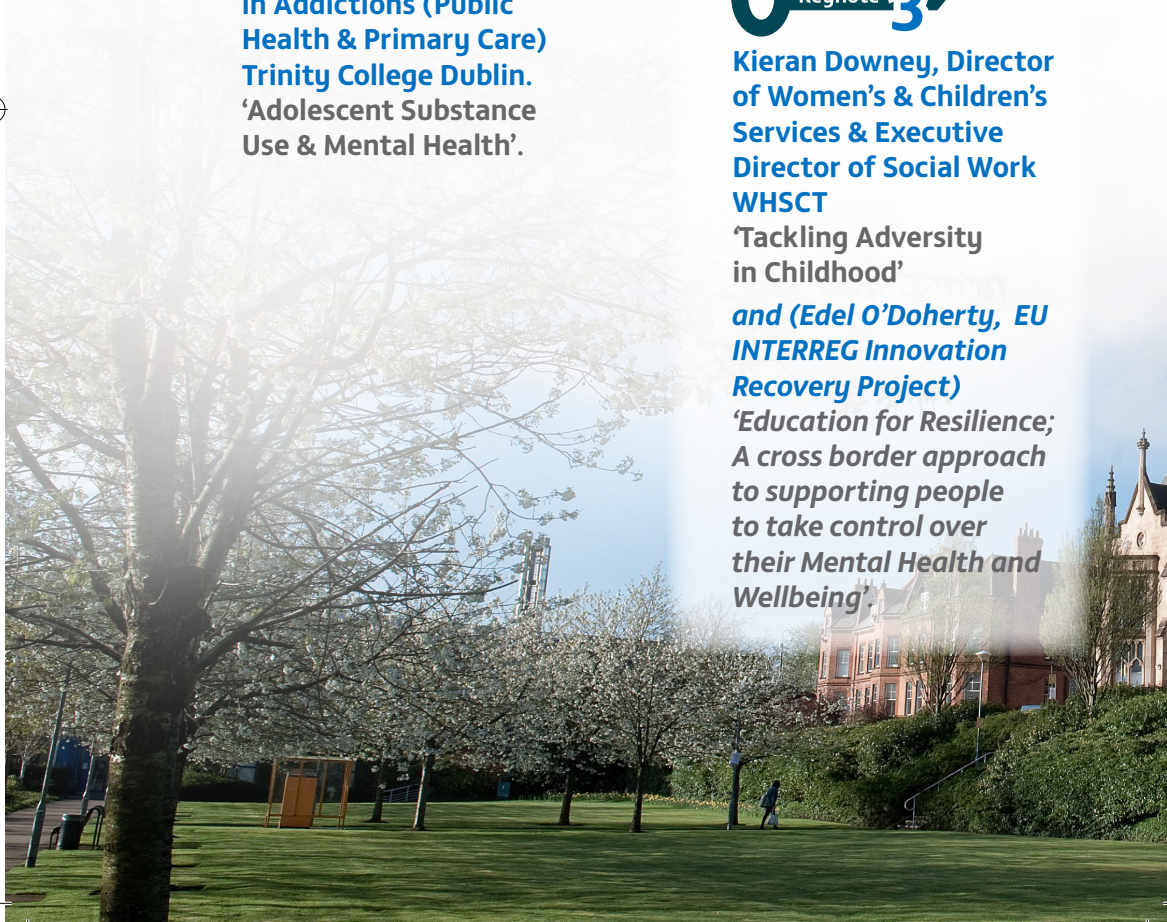
**Bronagh Starrs, BA Dip**  
**Psychotherapy MIAHIP,**  
**Founder & Director of**  
**Blackfort Adolescent**  
**Gestalt Institute**  
**‘Anxiety, School Refusal,**  
**Depression and Self-**  
**Harm in Adolescence’.**

11.05 Tea & Coffee Conference  
Exhibition and Poster  
Viewing

11.35

## **Keynote 3**

**Kieran Downey, Director**  
**of Women’s & Children’s**  
**Services & Executive**  
**Director of Social Work**  
**WHSCT**  
**‘Tackling Adversity**  
**in Childhood’**  
**and (Edel O’Doherty, EU**  
**INTERREG Innovation**  
**Recovery Project)**  
**‘Education for Resilience;**  
**A cross border approach**  
**to supporting people**  
**to take control over**  
**their Mental Health and**  
**Wellbeing’.**





12.15  
13.00

### Platform Session One

**Billie Hughes, Childrens' Services Manager & Lead Nurse – CAMHS Belfast and South Eastern Trust**  
'Emotional health and wellbeing in teens related to gender identity'

13.00 Lunch & Poster Viewing & Exhibitions

14.00



**Noella Mc Connellogue Zest** 'Young People and Emotional Well-being'

14.45  
15.30

### Platform Session Two

**Sharon Ferguson, Mental Health Service Reform with service User Experts**  
'No wrong Door'

15.30 Refreshments & Exhibition Viewing

15.45



**Fergus Cumiskey, CEO Contact NI**  
'Understanding Suicide Prevention: the unifying human rights quest of our times'.

16.45 Conference Close



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**09.00 to 4.45pm**

Registration opens at 08.00hrs

### **Fees:**

£80.00 Full Day Rate

£40.00 Student Discounted Rate

There are a limited number of concessionary places available by arrangement directly with conference organisers for registered charities and service users. The above fees include lunch, refreshments and conference documentation. For further information on this event, please contact:

**Ms Marie O'Neill**, Conference Manager,  
Ulster University, Institute of Nursing and Health Research,  
School of Nursing, Magee campus, Northland Road,  
Derry-Londonderry, BT48 7JL

**T:** 028 71 675437    **E:** [m.oneill@ulster.ac.uk](mailto:m.oneill@ulster.ac.uk)